

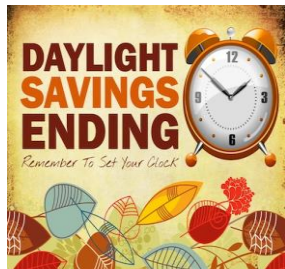
★

HIGHLIGHTS

★



on Sunday,
November 2, 2025



Reminder! Please submit all items, articles, anniversaries, and birthdays to the office by the 15th of each month so they can be published in our monthly newsletter.

Thank you for your cooperation. **“It’s All About Ministry: Serving the Lord with Gladness”** (Ephesians 4:11-16)



October 13
Sister Denise Rivers
Brother Sincere Root

October 15
Brother Frankie Smith

October 3
Sister Denise Ross
Brother Jeromir “J.J.” Hickman

October 7
Sister Sharmaine Ellison

October 16
Brother Dawayne West

October 8
Sister Ernestine Clark

October 21
Sister Jennifer Perry

October 9
Brother William Velotta

October 29
Sister Joanne Chapman

Congratulations

October 12
Pastor & Sister (Tonya) Couch | 31st Wedding Anniversary

October 21
Mr. & Mrs. Harvey (Rhonda) Reyes | 25th Wedding Anniversary

October 30
Mr. & Mrs. Brian (Maria) Harbison | 49th Wedding Anniversary

2025 SCHEDULE
WEEK 1: VS. DALLAS COWBOYS (TNF)
WEEK 2: AT KANSAS CITY CHIEFS
WEEK 3: VS. LOS ANGELES RAMS
WEEK 4: AT TAMPA BAY BUCCANEERS
WEEK 5: VS. DENVER BRONCOS
WEEK 6: AT NEW YORK GIANTS (TNF)
WEEK 7: AT MINNESOTA VIKINGS
WEEK 8: VS. NEW YORK GIANTS
WEEK 9: BYE
WEEK 10: AT GREEN BAY PACKERS (MNF)
WEEK 11: VS. DETROIT LIONS (SNF)
WEEK 12: AT DALLAS COWBOYS
WEEK 13: VS. CHICAGO BEARS (BLACK FRIDAY)
WEEK 14: AT LOS ANGELES CHARGERS (MNF)
WEEK 15: VS. LAS VEGAS RAIDERS
WEEK 16: AT WASHINGTON COMMANDERS (SAT)
WEEK 17: AT BUFFALO BILLS
WEEK 18: VS. WASHINGTON COMMANDERS



BEREAN BAPTIST CHURCH MONTHLY NEWSLETTER



BEREAN

Baptist Church

“Where Traditions & Innovations Commune”



Celebrating Congregational Unity: Focusing on Family Harmony

There is nothing more beautiful than family celebrating together in the spirit of unity. This kind of family harmony is not possible without the presence of Christ. Jesus said, whenever “...two or three are gathered together in my name, there am I in the midst of them” (Matt. 18:20). We have the assurance of His presence and opportunity to glimpse the bare essence of unity by our presence in worship today. Seeing that we are here, we might as well praise His name together. When praises go up, blessings come down. Let’s just praise the Lord!

As a congregation, celebrating unity, we also celebrate family oneness. We worship as a unit bound by our common ties through the blood and the Christian faith. We need each other to make it in the world. Father need son, mother need daughter, brother need sister and sister need brother.

The nuclear, as well as the extended family, are dependent upon each other for support. Coming to church is an affirmation of our dependence upon each member of the family for encouragement. The fact that we worship together as one body in Christ is a celebration of unity in itself. In other words, when we worship the Lord together as one body, the church becomes alive and energizes itself for service. Two to a family, or three to a household, whatever the number, the important thing is being together in unity. The time that is ours now will soon end.

Every Sunday, especially “Focus on Family Harmony” Sunday, the Lord has blessed us to be with members of our families in worship. *“The family that prays together, stays together.”*

Mission: “Evangelize, Edify, Empower” ~ **Vision:** “Community, Commune, Christ” ~ **Values:** “Faith, Hope, Love”

IN THIS ISSUE

Celebrating Congregational Unity.....	Front Cover
Pastor Appreciation & Sunday School.....	2
Upcoming Events.....	3
Celebrating Spiritual Leadership & Core Commitments.....	4
Adult Mental Health Resources.....	5
Breast Cancer Facts Free Mammograms & Screenings.....	6
Adult Bible Class & Other Resources.....	7
Children’s Scholarship Fund Philadelphia.....	8
More Upcoming Events.....	9
Orangeburg Massacre & Nat’l. Bullying Prevention Month.....	10
Hymn of the Month, Sick & Recovering & Giving.....	11
Birthdays & Anniversaries & 2025 Eagles Schedule.....	12

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(215) 229-8048 (office) | (215) 229-6030 (facsimile)

bereanvision@yahoo.com (Email) | bereanphilly.org (Website)

Reverend Dr. Michael W. Couch, Pastor

Every moment is important, and we should take advantage of every opportunity to celebrate our oneness in Christ as the family of God.

What is family? The biblical family consists of husband, wife and children as indicated in Genesis 2 and 4. It also means a group of people who come under the banner of God’s rule. Family is never just husband and wife; it’s always offspring from the marriage of a man and woman.



Family is important because it holds society together and is the trunkline of culture. Without family, the country would fall apart. God ordained the family from the beginning. It is our basic support system in the world. The enemy has launched an attack on the family, but we must fight back with all we have to save our families. The reason any of us are here today is because of our basic support system - Family!

What is our role as it relates to family? We must first of all, “love our family and give them respect.” Second, we must seek the salvation of individual family members, and third, religiously educate our children. We must be there when family needs us. And above, all pray for the family.

Continued on page 2

**“Celebrating Congregational Unity:
Focusing on Family Harmony”
(con’t. from page #1)**

What is the church? The church is people who have made a personal profession of faith in Christ Jesus and were baptized in the name of the Father, Son and Holy Ghost and now faithfully live in the community and gives regular praises and worship to God. The church worships, fellowships, studies God’s Word, prays together, communicates and communes together regularly. One’s role to the church is to be a good and godly member.

What is the church’s role in this congregation? The church’s role is to provide care for its members on a personal basis. As the congregation grows, it is essential that the body nurtures itself as Christ so designed **“From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love” (Ephesians 4:16).** The Pastor or Deacons cannot service each and every member. We must do what our covenant says, “watch over one another in brotherly love, to remember each other in prayer; to aid each other in sickness and distress; to cultivate Christian sympathy in feeling and courtesy in speech.”

We call upon each of you as members of this congregation to extend yourself just a little and help the Deacons and leaders do a good job of serving you by providing basic information when needed.



As we focus on family harmony, I can’t think of a more beautiful verse than **Psalms 133:1 “Behold, how good and how pleasant it is for brethren to dwell together in unity.”**

When every person of this congregation begins to celebrate unity as opposed to dis-unity, diversity as opposed to sameness, strengths as opposed to weaknesses, then we will have congregational celebration of unity in this church!

Let’s just celebrate our common heritage in Christ our Lord!

Praise ye the Lord!

Celebrating Family and Unity.



History of Pastor Appreciation Day

Pastor Appreciation Day originated in 1992, initially known as Clergy Appreciation Day. This day was born out of a desire to acknowledge and thank pastors for their extensive work beyond the pulpit.

This includes guiding their congregations spiritually and emotionally without the confines of a typical work schedule. Pastors often work under considerable stress, with little to no downtime, showing appreciation for their tireless efforts.

The concept of setting aside a day specifically for pastor appreciation was driven by the realization that if there could be a day to acknowledge groundhogs, there surely should be one to honor the clergy.

Inspired by this thought during a brainstorming session, Jerry Frear, Jr. suggested that pastors deserved their special day, which led to the establishment of Pastor Appreciation Day on the second Sunday of October.

This initiative encouraged congregations to celebrate and support their pastors and leaders, recognizing their vital role in the church and community.

Focus on the Family significantly championed the promotion of Clergy Appreciation Month and Pastor Appreciation Day in the early 1990s.

This effort reminded congregations of the importance of acknowledging their clergy staff and families throughout the year, with a special emphasis in October.

The observance has evolved over the years, with congregations finding various meaningful ways to express their gratitude, from notes of encouragement to more substantial gestures like vacations.

The practice of showing appreciation for church leaders is grounded in Biblical principles, as highlighted by Paul in his New Testament letters.

This Biblical basis underscores the importance of honoring those who lead in preaching and teaching. In addition, it recognizes the double honor they are due for their commitment and the stresses associated with their roles.



We invite you and your children, of all ages,

to join us for

**Sunday School every Sunday morning
@9:00 A.M.**

We Look forward to seeing you!

Berean Baptist Church
2425-33 W. Indiana Avenue
Philadelphia, PA 19132-1304

Prayer, Praise & Study



Every Wednesday on Zoom at 6:00 P.M.

Connect on your Computer
or Smartphone for Free:

Join Zoom Meeting

<https://us02web.zoom.us/j/84441541339>
Connect via FREE Phone Conference
Dial (301) 715-8592, At the prompt, enter
Meeting ID: 84441541339

**Come Pray, Praise & Study God’s Word
With Us!**

Hymn of the Month

My God is Real | Hymn #249

•There are some things, I may not know,
There are some places I can’t go.
But I am sure, of this one thing,
That God is real, for I can feel Him deep within.

•Some folk may doubt, some folk may scorn,
All can desert and leave me alone.
But as for me, I’ll take God’s part,
For God is real and I can feel Him in my heart.

•I cannot tell, just how you felt,
When Jesus took your sins away.
But since that day, yes, since that hour,
God has been real for I can feel His holy power.

Chorus:

Yes, God is real, real in my soul,
For he has washed and made me whole.
His love for me, is like pure gold,
Yes, God is real for I can feel Him in my soul.

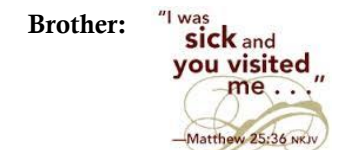
**Sick & Recovering
“Naked & Ye Clothed Me; I Was Sick & Ye Visited Me”
(Matthew 25:36)**

+++++

Sisters:

Eloise Ball
Mary Chapman
Sandra Chestnut
Deac. Olivia Collins
Mother Hazel Drayton
Betty Ford (Watch Care)

Deac. Annie Jones
Eld. Louise Jones
Deac. Louise Myers
Sharene Richardson
Delores Withers (Watch Care)



Dea. Joseph L. Davis, Sr.

Hospitalized/Rehabilitation & Nursing Center:

Bro. Albert Chambers
Genesis Spring Nursing &
Rehabilitation Center
1113 Easton Road
Room #423A
Willow Grove, PA 19090-1901

Mother Effie Gamble
Stratford Jefferson Hospital
18 East Laurel Road
Room #447B
Stratford, NJ 08084-1327

***Please remember to pray for our sick and recoveries*
*Visit*Send Cards***

“Worship by Giving”

Worship Leader - 8. Will a man rob God? Yet ye have robbed me. But ye say, Wherein have we robbed thee? In tithes and offerings. 9. Ye are cursed with a curse: for ye have robbed me, even this whole nation. 10. Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.

Worship Leader:
“Worship by Giving!”
Congregation:
“Praise the Lord!”

Worship Leader:
“Worship by Giving!”
Congregation:
“Praise the Lord!”

Worship Leader:
“Worship by Giving!”
Congregation:
“Praise the Lord!”

**“...she... put in
everything –
all she had...”**

Mark 12:44



ORANGEBURG MASSACRE (1968)

The **Orangeburg Massacre** took place in Orangeburg, South Carolina at South Carolina State University on February 8, 1968. This horrific incident ended with three young men killed, Samuel Hammond, Henry Smith, and Delano Middleton, and twenty-seven other students wounded. It was the worst example of violence on a college campus in South Carolina's history.

The incident began when approximately 200 students gathered on February 6 to protest the segregation of black patrons at the nearby All Star Bowling Lanes. The first demonstration proceeded without incident. The following night many of the students returned to resume the protest, but, in this instance, fifteen of them were arrested. The third night, February 8, tensions were already running high on both sides from the previous night's arrests.

The students gathered on the South Carolina State University campus instead of at the bowling alley. They built a bonfire which a law enforcement officer attempted to put out. In the process, he was injured by a piece of a banister thrown from the crowd. A highway patrolman then fired his gun into the air in an attempt to calm the crowd. Upon hearing the shot, other officers, thinking they were being fired upon, opened fire into the crowd of students.

Hammond and Smith, who were South Carolina State University students, and Middleton, a 17-year-old high school student, were killed and 27 other students were wounded. The high death and injury totals came in part because officers used shotguns with buckshot when they fired into the crowd. Many of the victims were shot in their backs or through the soles of their feet as they ran. None of the students were armed.

Nine officers were held responsible for the shootings and were brought to trial on charges of excessive force at a campus protest.

All nine were acquitted of all charges. The only person who was charged and sent to prison as a result of this incident was Cleveland Sellers, the Student Nonviolent Coordinating Committee (SNCC) representative who was convicted of inciting the riot that had led to the shootings. Sellers was later pardoned for his role in the incident.

The day after the shootings Governor Robert E. McNair spoke of this as "one of the saddest days in the history of South Carolina."

Information from BlackPast.org

OCTOBER is

National Bullying Prevention Month

More than a decade together against bullying and united for kindness, acceptance and inclusion.

National Bullying Prevention Month is a campaign in the United States founded in 2006 by PACER's National Bullying Prevention Center. The campaign is held during the month of October and unites communities nationwide to educate and raise awareness of bullying prevention. Initially held the first week in October, the event was expanded in 2010 to the entire month.

PACER developed the initial campaign, National Bullying Prevention and Awareness Week, to raise awareness about bullying. Historically, bullying had been viewed as "a childhood rite of passage" that "made kids tougher," but the reality has always been that bullying can leave devastating and often long-term effects such as a loss of self-esteem, increased anxiety, and depression for those involved. PACER reached out to the community through partnerships with education-based organizations such as the National PTA, the American Federation of Teachers and the National Education Association to provide schools, parents and students with the educational resources and support to better respond to bullying behavior. The National Bullying Prevention Center laid the groundwork so that National Bullying Prevention Month is now a nationwide call to action around educating communities as to their roles in bullying prevention. This initiative has helped shift thinking away from bullying as "rite of passage" and toward the knowledge that bullying can be prevented and stopped through education and awareness.

October is National Bullying Prevention Month



National Bullying Prevention Month is recognized in communities across the United States, with hundreds of schools and organizations signing on as partners. Facebook, Disney, Instagram, CNN, TLC and Yahoo! Kids and many others have supported the month through media outreach and dissemination.



Hymn Testimony



Do you have a special connection to a hymn that has helped you during a difficult season or draws you especially close to the Lord?

Let us know! We are looking for stories from members of how or why a particular hymn is endearing. If you would like to share your hymn story, please contact Sister Veronica Stovall at (215) 229-8048 or email vgstovall@yahoo.com or bereanvision@yahoo.com

God is
so GOOD!



UPcoming
EVENTS



Sunday, October 5, 2025, 10:00 A.M.
(Focus on Evangelism/Breast Cancer Awareness Month Kick-Off)
Reverend Tamiela N. Gerow, Associate & Guest Preacher
Tenth Memorial Baptist Church
Philadelphia, PA 19121-4936

Sunday, October 12, 2025, 10:00 A.M.
(Youth & Young Adult Sunday & Pastor Appreciation Day)

Monday, October 13, 2025
Indigenous Peoples' Day | Office Closed

Wednesday, October 15, 2025, 6:00 P.M.
(Prayer, Praise & Study on Zoom)



Sunday, October 19, 2025, 10:00 A.M.
(Holy Communion Sunday)



Sunday, October 26, 2025, 10:00 A.M.
(Focus on Family Harmony Sunday & Women's Day Service)
Reverend Dr. Chandra L. Williams, Pastor & Guest Preacher
United Missionary Baptist Church
Philadelphia, PA 19121-4832



October



"Grumbling blinds you to God's blessings, but gratitude opens the eyes to enjoy them."

Celebrating Spiritual Leadership

An effective leader “should be the goal of every person serving in ministry.” The Lord called individuals to salvation and into service for the glory of God. The unique thing is none of us who were called are perfect. Human imperfections are not a problem for God, but they can be crippling complications for ministry.

Therefore, we must continue to strive toward effectiveness in service for the kingdom. In the words of the apostle Paul **“let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you. Nevertheless, whereto we have already attained, let us walk by the same rule, let us mind the same thing”** (Philippians 3:15-16). The role of spiritual leader reeks with the need for unity and mutual support. Let us mind the same thing. Let us walk the same rule. There must not be one rule for one and not the other. If it is, the leadership ministry will never be effective.

The word **effective** is an adjective and according to Webster it means (1) having an effect; producing a result (2) producing a definite or desired result; efficient (3) in effect; operative; active (4) actual, not merely potential, or theoretical making a striking impression; impressive (5) equipped and ready for.

The ministry of Berean is established, the mission, vision and values are clear, the message is powerful and the mandate to serve is imperative. We must not look back, lag behind or long to go back to things of the past. As we move forward, leadership must **“...press toward the mark for the prize of the high calling of God in Christ Jesus”** (Philippians 3:14). Mindsets from the past will prohibit effective ministry in the present. The goal for us is to renew and rebuild leadership to achieve definite results.

“And if any of you think differently, God will make it clear to you. But we must keep going in the direction that we are now headed” (Philippians 3:15-16). As spiritual adults, this is the attitude God is leading us to adopt - keep moving ahead. Only let us hold true to what we have already attained and order our lives by it. The word attains suggest that the spiritual foundation of faith is where we stand. To attain is to gain through effort, accomplish, and achieve. Each leader serving must be about producing desired results for the glory of God. It is essential to take leadership seriously. There is a true saying which drives home the point, that serious ministry means being part of the solution, and not the problem.

Core Commitments

- I. Bereanites start each day the Right Way:
 - Commit to personal development by reading one chapter of the Bible every day and every night.
 - Listen to fifteen minutes of an inspirational audio/video
 - Reflect on your action steps for that day
- II. Stay Connected:
 - Discipleship Training Zoom “Bible Study” on Wednesday at 6:00 P.M.-7:00 P.M.
 - Discipleship Training “Sunday School” 9:00 A.M.-9:45 A.M.
 - Discipleship Training “RightNow Media” our streaming library of more than 20,000 Bible Study videos for you and your family
- III. Commit to planting two seeds Every Day:
 - Share your story or the Gospel story with two people every day.
 - By texting, emailing, tracts, social media, Berean Newsletters, and by any means necessary = (48 seeds planted every month)
 - Proverbs 11:30
- IV. Attend weekly service with Guests:
 - Invite guests each week by sharing your story or the Gospel story to grow the ministry.
 - Make a 52-week commitment.
- V. Help new members get started right:
 - Help new members plug into Bible Study on Wednesday at 6:00 P.M.-7:00 P.M.
 - Help new members plug into Sunday School from 9:00 A.M.-9.45 A.M.
 - Help new members plug into RightNow Media
 - Help new members to share their story or the Gospel story by texting, emailing, tracts, social media, Berean’s Newsletter, etc.
- VI. Retain membership:
 - Pray for the Berean family every day and every night.
 - Check-in with other Berean members
 - Show love and encouragement to all your Berean family and guests.
 - Follow-up with Berean family and new members
- VII. Find a Biblical workout partner:
 - Partner with someone who will hold you accountable, motivate you, and help you stretch for more.
- VIII. Be here next year if the Lord allows it:
 - Commit to the commitments.
 - We will see a harvest in you and the ministry.
 - Strength & Honor

Submitted by Pastor Couch

NOV 02 10am

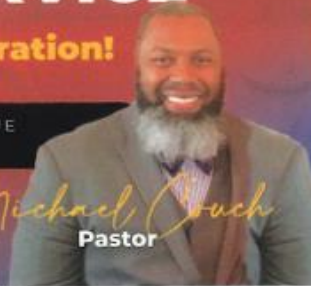




Sister Michelle Hagans



Brother Dawayne R. West, Sr.



Pastor

Deacon Ordination SERVICE

Join Us in Celebration!

BEREANPHILLY.ORG

2425-33 W. INDIANA AVENUE PHILADELPHIA, PA 19132

6:54

the freebie guy

4 days ago

Follow

WHERE TO FIND HOLIDAY ASSISTANCE 2025

TOYS FOR TOTS

SALVATION ARMY ANGEL TREE

USPS OPERATION SANTA

YWCA HOLIDAY DRIVES

LOCAL ADOPT-A-FAMILY



Strawberry Mansion Neighborhood Action Center, Inc.

2829 W. Diamond Street Philadelphia, PA 19121

OFFICE: (215) 235-7505 FAX:(215) 235-3122

Lenora Jackson-Evans Executive Director

Marcella Bevans NEC Coordinator

Lawrence Battle NAC Coordinator

“REBUILDING COMMUNITIES THROUGH EMPOWERMENT”

WHAT WE DO

❖ CRP-PGW ❖ Job Opportunities-JobGateway

❖ CAP-PECO ❖ Budget Counseling-NEC

❖ TAP-PWD ❖ Energy Programs-NEC

❖ Organized Block Clubs-PMBC ❖ And More....

WE HAVE PLENTY OF RESOURCES TO RESOLVE YOUR PROBLEMS

REFERRAL SERVICES

➤ Tangled Title Assistance ➤ Landlord Gateway

➤ Rental Improvement Fund ➤ Restore, Repair, Renew Program

➤ Basic System Repair ➤ Adaptive Modifications Program

➤ Weatherization Program ➤ Eviction Diversion Program

➤ Foreclosure Prevention Grant Program ➤ Philly First Home Program

➤ Senior Citizen Programs PCA ➤ SAVEYOURHOMEPHILLY

➤ Heater Hotline Program ➤ Senior Housing Assistance Repair Program (SHARP)

➤ Homestead Exemption

info2@strawberrymansionnac.org



MEN'S DAY WORSHIP

NOV 23RD SUNDAY 10 AM

“The Kind of Men God Needs” 1 Peter 3:8

 BEREAN BAPTIST CHURCH

2425-33 W. Indiana Ave, Phila., PA 19132

Reverend Dr. Michael W. Couch, Pastor

Guest Preacher:

Rev. Dr. John Coger, New Hope Temple Baptist Church Philadelphia, PA



\$ for K-8th Private School Tuition

CSFP is accepting applications for the 2026-2027 scholarship lottery!



Hello from Children’s Scholarship Fund Philadelphia (CSFP)!

CSFP awards partial, need-based K-8th grade scholarships for Philadelphia students to attend more than 150 tuition-based schools in the area. Our scholarships are awarded via a random lottery, for up to three children per family, per year.

As a trusted community organization that serves families in the City, we want to ask for your help to spread the word about our program! Our scholarship lottery application opened on September 16, 2025 and we are currently accepting applications for families interested in receiving funding for the 2026-2027 School Year.

We would be grateful if you could share this information with your constituents. To aid with information sharing, we have created a Partner Toolkit with pre-drafted social media or newsletter content, social media graphics, and printable flyers.

Please encourage families to apply by November 15th to be included in the Priority Lottery in December!

More about CSFP scholarships...

- CSFP scholarships total \$1,250, \$2,500 or \$3,350 per child. Funds are dispersed directly to the schools to help cover tuition-costs.
- CSFP scholarships carry students through 8th grade, as long as families still meet annual income and residency requirements.
- Parents can pick from 150+ partner schools in the Greater Philadelphia region.
- CSFP scholarships are awarded via random lottery so all students have a fair and equitable chance of winning the lottery.
- Eligibility is simple: (1) families must live in Philadelphia, (2) meet income guidelines, (3) and have a child entering K-8th in September 2026.
- The application takes less than 5 minutes and can be completed without accessing sensitive documents!

We appreciate any help to spread the word and welcome the opportunity to support local community organizations in the future! If you'd like printed flyers to hang or share, please reach out. Flyers are available in Spanish, Chinese, French, Haitian Creole, and Vietnamese. We would be happy to mail them to you.

Please keep CSFP in mind as a partner for community events or resource sharing. For questions or assistance, please reach out to communications@csfphiladelphia.org.

Children's Scholarship Fund Philadelphia
1500 Walnut Street, Suite 1300
Philadelphia PA, 19102
215.670.8411
www.csfphiladelphia.org



[View as Webpage](#)



Adult Mental Health Resources

Mental Health has taken our community by storm. Here are some Resources available to help the Congregation and Community!

Community Behavioral Health

CBH is the city-operated health maintenance organization for persons needing mental health care. Most Medical Assistance patients must call this number first for information and referrals (215) 413-3100, or 1 (888) 545-2600 - Crisis Hotline (215) 686-4420 www.dbhids.org/community-behavioral-health/

Online Mental Health Screening

Through Dept. of Behavioral Health - Free online screening and resources.

Go to healthymindsphilly.org/screening to check it out.



National Suicide Prevention Hotline

24-hour a Day National Hotline. Call 1 (800) 273-8255 or go to website below: <http://www.suicidepreventionlifeline.org/>

Mental Health Association of Southeastern PA

Organization that develops, promotes, and supports education and advocacy programs and serves children with mental health needs - 1211 Chestnut Street - (800) 688-4226 or (215) 751-1800. www.mhasp.org

Magellan Behavior Health (Health Partners, KHPE, BCBG)

Call (800) 688-1911 for intake.

www.magellanofpa.com



BHSI (Behavioral Health System Initiative)

City-funded agency for individuals without health insurance with substance abuse. 801 Market Street, (215) 546-1200. bhsi-dbhids.org



Drug and Alcohol Helpline

The Center for Substance Abuse Treatment hotline. Call 1 (800) 662-4357 to find a resource near you. <http://www.samhsa.gov/>



Nar-Anon

Support for families of addicts. Call 1 (800) 477-6291 <https://www.nar-anon.org/>



Alcoholics Anonymous

Call (215) 923-7900 for information or go to their website below. www.aasepia.org



Narcotics Anonymous (NA)

Support groups for clean addicts and active users. Call 215-NA-WORKS. <http://www.naworks.org/>



CRISIS TEXT LINE: TEXT "MHFA" TO 741741

Available 24/7, 365 days a year, this organization helps people with mental health challenges by connecting callers with trained crisis volunteers who will provide confidential advice, support, and referrals if needed. <https://www.crisistextline.org/>

Submitted by Pastor Couch

Breast Cancer Facts

What is breast cancer?

Breast cancer is a disease in which malignant (cancer) cells form in the tissues of the breast.



Facts about Breast Cancer in the United States

- One in eight women in the United States will be diagnosed with breast cancer in her lifetime.

- Breast cancer is the most commonly diagnosed cancer in women.

- Breast cancer is the second leading cause of cancer death among women.

- Each year, it is estimated that over 246,660 women in the United States will be diagnosed with breast cancer and more than 40,000 will die.

- Although breast cancer in men is rare, an estimated 2,600 men will be diagnosed with breast cancer and approximately 440 will die each year.

- On average, every 2 minutes a woman is diagnosed with breast cancer and 1 woman will die of breast cancer every 13 minutes.

- Over 2.8 million breast cancer survivors are alive in the United States today.



A Global Burden

According to the World Health Organization, breast cancer is the most common cancer among women worldwide, claiming the lives of hundreds of thousands of women each year and affecting countries at all levels of modernization.

Good News About Breast Cancer Trends

In recent years, perhaps coinciding with the decline in prescriptive hormone replacement therapy after menopause, we have seen a gradual reduction in female breast cancer incidence rates among women aged 50 and older. Death rates from breast cancer have been declining since about 1990, in part due to better screening and early detection, increased awareness, and continually improving treatment options.

PENN MEDICINE FREE MAMMOGRAMS FOR UNINSURED AND UNDERINSURED WOMEN

Are you...?

- 40 years of age or older
- Uninsured
- Under-insured



PENN MEDICINE BREAST HEALTH INITIATIVE PROVIDES FREE:

- Screening mammograms
- Diagnostic mammograms
- Breast ultrasounds
- Breast biopsies

CONTACT
EMILY VERDERAME
AT
215-454-3217
TO LEARN MORE OR
MAKE AN
APPOINTMENT



SBC HEALTH & WELLNESS MINISTRY ANNUAL

Free Cancer Screening Event

SATURDAY, OCTOBER 25, 2025, | 9AM - 3PM

Mammogram Screening - Register by Oct 11

Prostate Screening - No Registration Required



ADULT BIBLE CLASS Fall Quarter | September/October/November 2025

God Is "All" That

Unit 1: God Is Always Present

Sept. 7 - In the Beginning - Gen. 1:1-13
Sept. 14 - Before All Things - Col. 1:15-23
Sept. 21 - In Heaven and Earth - Jer. 23:18-24
Sept. 28 - Nothing is Hidden from God - Ps. 139:1-16

Unit 2: God Is All Knowing

Oct. 5 - God Warns Pharaoh through Dreams - Gen. 41:25-36
Oct. 12 - God Sees Our Hearts - Acts 4:32, 5:11
Oct. 19 - God Sees Nathanael - John 1:43-51
Oct. 26 - God Sees the Samaritan Woman - John 4:5-19, 28-29

Unit 3: God is All-Powerful

Nov. 2 - Power to Impart Wisdom - 1 Cor. 2:6-16
Nov. 9 - Parting the Red Sea - Ex. 14:10-22
Nov. 16 - Jesus Calms a Storm - Mark 4:35-41
Nov. 23 - Jesus Casts Out Legion - Mark 5:1-20
Nov. 30 - Who is like God? - Isa. 40:12-17

Amidst Difficulties.

Breaking the Cycle of Hatred and Bitterness

We know Lord, that throughout our lives, each of us will experience problems and difficulties.

Give us courage and strength at those times and prevent us then from looking only at ourselves.

Keep our vision wide so that, even in times of difficulty, we may still be of help to others.

Help us not to be bitter towards people or situations but empower us to take the initiative and break the cycle of hatred, bitterness, and evil actions.

Help us to transform the difficulties that come our way into opportunities for personal growth and service to others. **Amen.**



State Representative Joanna McClinton's

191st District Office Services

My team and I can help you with:

- Property Tax/Rent Rebate
- Information about jobs, housing relief and utility assistance
- PACE cards for senior citizens
- Birth/Death Certificate applications
- SEPTA Key Senior ID Cards
- Problems or questions about PennDOT
- Car registration, special tags, titles/license plate applications



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